

Competitive and Safe Climbing Methods Workshop

Hosted by: [VG Training Facility](#)

Sponsored by: **ASM – The Arboriculture Society of Michigan**

October 21-22, 2011

8:30 a.m. to 4:30 p.m.

Seating limited to 15 Attendees

\$300 per Attendee

Instructors: Jeff Thierbach, Kristian Schultz and Vince Kowalski

Medical First Responder: Tim Mautz (Darev Safety Consultants)

Gatorade, Water and Lunch supplied by Victorian Gardens

Day 1 – Accurate rule book instruction for competitors, Insight to methods of judges rulings, Secured Footlock instruction and tips, Throwline instruction, tips and practice, Gear inspection.

There will be two 10 minute breaks and a 45 minute lunch (Noon until 12:45 p.m.)

Day 2 – Event practice and instruction, Safe Climbing Methods, Advanced Climbing Gear Instruction, and Advanced Climbing hitches for Ascending and Descending.

The mini-mock competition will start after lunch. It will consist of the all 5 events. (Secured Footlock, Throwline, Belayed Speed Climb, Work Climb and Aerial Rescue) and a Master's Challenge. There will be no DQ's or Time outs, although climbers will be notified as to DQ status and time outs.

This is a workshop that revolves around safe climbing and advanced methods that uses the Competitive Arena as a platform for performance, learning and instruction.

Who should Attend? – All persons desiring a day of comradery, climbing, and knowledge of competitive climbing; all persons desiring to learn safety and advanced climbing methods.

Required Gear – All attendees must bring their own climbing harness and all gear that they would like to use during the workshop. As always, PPE must be worn during both days of the workshop. Please wear appropriate climbing boots and shirts with sleeves.

This is an outdoor workshop – remember that this year has a bumper batch of mosquitoes!

Instructors: Our Instructors have experience; all have competed, judged, chaired or co-chaired or are past champions. This is a very experienced panel of instructors. There also may be a few guest speakers also.

Come Join Us!!

Location: 639 Sunset, White Lake, MI 48383

Contact: Dawn Thierbach – 810-338-6531

Accommodations: Comfort Inn, 7076 Highland Road, White Lake, MI 48327 - Phone - 248-666-8555

Camping: Pontiac Lake Recreation Area, 7800 Gale Road, Waterford, MI 48327 Highland Recreation Area, 5200 Highland Road, White Lake, MI 48383 – Phone – 248-889-3750